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WEEKLY SCHEDULE

	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
 	MORNING CLASSES	PILATES Maria 10.00-11.00 am			PILATES Maria 10.00-11.00 am		
		PILATES Maria 17:30-18:30		Incircuit Marinos 18:15-19:00			
		PILATES Maria 18:30-19:30	ZUMBA® Maria 18.00-19.00			ZUMBA® Maria 18.00-19.00	VINYASA YOGA Maria 18.00-19.00
		ZUMBA® Maria 19:30-20:30	Coming Up March 7th !			PILATES Maria 19.00-20.00	
		BOOT CAMP Marinos 19.00-20.00	ZUMBA® Maria 19.00-20.00	ZUMBA® Maria 19.00-20.00	BOOT CAMP Marinos 19.00-20.00	TRX® Beginners-Intermediate Marinos 18.45-19.30	
			PILATES Maria 20.00-21.00	ZUMBA® Christiana 20.00-21.00	Coming Up Feb 29th !		TRX® Advanced Marinos 19.30-20.15
			VINYASA YOGA Maria 20.30-21.30	SPINNING® Marinos 20.00-21.00		SPINNING® Marinos 20.00-21.00	
		TRX® 20.00-20.45 Beginners-Intermediate Marinos					
		TRX® 20.45-21.30 Advanced Marinos					
			LATIN DANCE Sofia 20.00-21.00		LATIN DANCE Sofia 20.00-21.00		LATIN DANCE Sofia 20.00-21.00
			LATIN DANCE Sofia 21.00-22.00		LATIN DANCE Sofia 21.00-22.00		LATIN DANCE Sofia 21.00-22.00

Schedule Subject to Change . No min attendance for any of the classes. Max attendance depends on class and availability.